

August 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			1:00 Cards	8:30 Board Meeting 9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T) 4:00 - 5:00 PM Social Security - A to Z - Speaker, Inez Loyd, Public Affairs Specialist from the Social Security (PR Peggy J.)	9:30 Yoga (PR Sybil M.) 10:45 Conversations (PR Sarah Burke) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	1:30 - 4:30 pm Game Afternoon (PR. Jo Anne R. & Carol Todd)
5	6	7	8	9	10	11
	11:00 - 1:00 Ballroom Dance Instructor will speak Melinda Mielock on possible Dance Class at the SRC (Pot Luck Lunch to follow) to follow (PR Rae W) 1:00 Dominoes/Cards	10:00 -12:00 Ultimate Tic Tac Toe (PR Rose Doucette) 1:00 Bingo/ Cards	1:00 History & Cards 2:00 Photography (Shutterbugs) (PR Sharon Prescott)	9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Sybil M.) 10:45 Writing (PR Jan Donovan) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	10:00 -12:00 Crafters (PR Pat Jenkins) 2:30 - 4:30 Paint Class (Peggy J.)
12	13	14	15	16	17	18
	1:00 Dominoes/Cards 1:00 Ballroom Dancing (PR Melinda Mielock)	11:30 Annual Joint AARP Luncheon, SRC to provide Subs and Chips, AARP will provide desserts (PR Nancy A.) 1:00 PM Bingo/ Cards 7:00 PM Ballroom Dancing (PR Melinda Mielock) .	1:00 Cards	9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Kristin M.) 10:45 Conversations (PR Sarah Burke) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	6:30 - 9:00 pm Game Night (PR Jo-Anne R. & Rita T.)
19	20	21	22	23	24	25
	1:00 Dominoes/Cards 1:00 Ballroom Dancing (PR Melinda Mielock)	Senior Citizens Day 21 10:00 -12:00 Ultimate Tic Tac Toe (PR Rose Doucette) 11:00 Stephan Lipskis, Attorney - Changes in tax laws that affect estate planning in VA - Pot luck lunch to follow (PR Johnnie W.) 1:00 Bingo/ Cards 7:00 PM Ballroom Dancing (PR Melinda Mielock)	1:00 History & Cards	9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	No YOGA 10:45 Writing (PR Jan Donovan) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	
26	27	28	29	30	31	
	1:00 Dominoes/Cards 1:00 Ballroom Dancing (PR Melinda Mielock)	10:00 -12:00 Ultimate Tic Tac Toe (PR Rose Doucette) 1:00 Bingo/ Cards 7:00 PM Ballroom Dancing (PR Melinda Mielock)	1:00 Cards	9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Kristin M.) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	