

What kind of help may they need in the future? What could be done in the home to make it safer, more accessible?

- What is their financial status? Do they receive pensions, Social Security, annuities and what are the amounts? Do they have savings, stocks, etc.? Do they have assets to cover outside help or facility placement? Do you all have a rough idea of what those resources cost? Have they executed a financial Power of Attorney and do they have an up-to-date will?
- Who are their doctors (including specialists)? What drugs are they taking? Have they executed a medical Power of Attorney, Advance Directive (Living Will), DNR (Do Not Resuscitate)?
- What are their end-of-life wishes? Ask what matters most when they near the end of life. These choices can be reflected in the Advance Directive. Do they want every effort taken to keep them alive or do they want comfort measures only? Would they want hospice services if they were terminally ill? Do they want burial or cremation?
- Where are their important papers located? Help them list important data, including Social Security numbers, bank and investment account information. Where are deeds and titles stored? How are their utility bills paid and what are their account numbers? Do the adult children who have been named as agents in Power of Attorney documents or executors of the wills have copies of those documents? If the parents have online accounts, do they have a list of passwords?
- Are they still able to safely drive? Do they need to find alternative transportation methods? Do the keys already need to be hidden or a car removed?

- Remember these discussions center on what the older folks want, not what the adult kids want.

It may be challenging to begin this kind of conversation, but some adult kids find that they can introduce the subject by using themselves as an example: “My husband and I just saw an attorney and did Power of Attorney documents and we feel good knowing that things are in place.” Or say “We love you so much we want to make sure we can follow your wishes so we need to talk about what you would want.” The biggest gift elderly parents can give their children is the peace of mind in knowing all the pertinent facts about the parents’ estate and having a clear picture of what their folks want as they age. If you haven’t considered any of these important issues or signed any of the necessary documents, it may be time you decide to act.

Donations

Juanita M. Swoope in memory of Tony David Swoope, Sr.
 Beth Swanner in memory of her loved ones in heaven who are now her angels
 Paul and Judith Brumley in memory of Marvin Etheridge and Family and Jimmy Etheridge and Family
 Anonymous in honor of Helen Lane
 Garland Eaton in memory of Jimmy Etheridge and in honor of the Senior Resource Center

Change in Board Officer

SRC’s Board of Directors said farewell to their illustrious treasurer, Mrs. Gerry Stillman, who will retire from her post of 3 years at the end of December. Gerry has done a wonderful job for the Center and we appreciate her hard work very much. We are fortunate that another member of SRC, Mrs. Pat Jenkins, will become our new treasurer. Pat recently retired from teaching at the Adult Learning Center and she

