

SENIOR RESOURCE CENTER, INC.

NEWSLETTER – FEBRUARY 2023

IN OUR FIFTEENTH YEAR

Phone: (757) 385-2175 | Website: <https://www.vbsrc.com> | Email: info@vbsrc.com
facebook: <https://www.facebook.com/VirginiaBeachSeniorResourceCenter>

Black History Month Guest Speaker

Wednesday, Feb. 8 1:00 pm



BLACK HISTORY MONTH

In honor of Black History Month and in place of the bi-monthly history group

meeting, join us to hear Dr. Amelia Ross-Hammond lecture. Our newly-elected City Councilwoman is an expert on local African-American history and is one of the major forces behind the proposed new Virginia African American Cultural Center as well as the self-guided African American history tour.

Please bring a treat to share after her presentation

Make and Take Spa Day

Monday, Feb. 13 1:00-2:00 pm

Indulge all five senses while you make spa items to enjoy at home. Create handmade soaps and bath bombs and grab some ready-to-go spa items to gift yourself a day of pampering! Adults. Registration is required. Call the library at 757-385- 0150, go online to www.vbgov/libraries or stop by the Pungo-Blackwater Library to sign up. Library staffer Angie Vilches will lead this activity at the SRC.



Annual First Responders Appreciation Lunch

Wednesday, Feb. 15 11 am-2:00 pm



Don't miss this chance to meet our area first

responders, to thank them for their service and to find out more about all that they do for us. This has become a wonderful SRC tradition, and we encourage you to attend to show your support. The main entrée will be provided, but we ask that you bring side dishes and desserts to share. We will have local police, fire, rescue, Emergency Services and Emergency Management workers with us, so don't miss this great opportunity to meet all the folks who keep us safe.

Free Senior Benefits Counseling

Wednesday, Feb. 22 1:00-4:00 pm

Bonnie Dozier from Senior Services, our Area Agency on Aging, will be available for 1:1 appointments to help you make sure you are getting all the benefits you can. Call the SRC at 757-385-2175 to make an appointment.

Bunco Game

Monday, Feb. 27 1:00 pm

Like to play bunco or want to learn how? This fun dice game ideally requires 12 players to have the most fun. Join Angie Vilches and see what it's all about.

Yoga Teacher Needed

We are once again searching for a yoga teacher to lead our Friday morning class. As with all our activities, this is free, so the leader does not get paid, but will receive lots of love and gratitude from the attendees. Call us if you are available or if you know of a potential teacher. Thank you to Diane Knight for the classes she recently led.

Writing and Conversation Group

Due to the illness of most of the regular participants in this Friday morning group, this Friday morning gathering is on hold temporarily until everyone is well again. Call the SRC and check your SRC emails to see when the group will resume their get-togethers.

Are You Missing Out on Local Tax Exemptions?

Did you miss the important lecture Jan. 18 regarding possible tax exemptions for seniors and disabled persons? Here is the information you need to apply:



Senior And Disabled Real Estate Tax Relief

Applications for real estate tax exemption are taken in the Office of the Commissioner of the Revenue, Municipal Center, Building 1, by appointment only **from February 1 through June 30**. To qualify, individuals must meet income and net worth limitations.

Basic Requirements to Qualify

- Senior citizens must be at least 65 years of age
- Totally disabled individuals must be totally and permanently disabled - there is no age limit \$10,000 income exclusion allowed
- Must reside in in the Virginia Beach home or mobile home or a convalescent facility

Tax Exemption/Freeze

- Annual household income must not exceed \$67,599 for TAX EXEMPTION
- Annual household income must not exceed \$88,202 for the FREEZE
- Assets must not exceed \$350,000 (OTHER THAN RESIDENCE)

The percentage of tax exemption varies based upon income level

Personal Property Tax Relief (automobile tax)

Personal Property Tax Relief for senior or disabled Virginia Beach residents provides personal property tax relief for those who are at least 65 years old on or before Dec. 31, 2022, or are permanently and totally disabled of any age. Annual gross income must not exceed \$29,500. Total asset must not exceed \$70,000(excluding value of your home and up to one acre of land).

Call 757-385-4385 for more information and to make an appointment. Appointments are available from February 1, 2023- June 30, 2023. Go online to vbgov.com and check out the Commissioner-of-the-Revenue for more detailed information.



Virginia Beach Housing and Neighborhood Development Grants and Loans

Here is another program that the City offers its citizens that you may not know about: Your home is one of your most valuable investments. Keeping your home in good repair protects your investment and helps everyone enjoy a better quality of life. Sometimes it is difficult to afford necessary repairs. Help is available through Virginia Beach Housing & Neighborhood Preservation's Owner-Occupied Rehabilitation Program and Manufactured (Mobile) Home Rehabilitation Program.

The programs help make home rehabilitation and repairs more affordable for low- to moderate-income homeowners residing in Virginia Beach. Depending on the program and type of rehabilitation/repairs, assistance is provided to eligible applicants in the form of a grant and/or affordable loan.

Eligible Recipients

Households whose total gross annual income does not exceed eighty percent (80%) of the Area Median Income, adjusted for family size, as established by the U.S. Department of Housing and Urban Development (HUD), at the time of application (see details and eligibility requirements for each program in the tabs below).

The Owner-Occupied Rehabilitation Program (OORP) provides assistance for home rehabilitation/repairs in order to remove an existing or imminent health and/or safety hazard and make necessary modifications to allow a physically disabled resident to remain in the dwelling. Assistance is provided to eligible applicants in the form of an unsecured grant up to \$25,000.00 and a secured grant up to \$25,000.00

Eligible activities include:

- Correction of health and safety hazards (e.g. electrical, gas, and water) on the house side of the meter.
- Replace air conditioning equipment.
- Replace heating equipment. Does not include service calls/routine maintenance (i.e. cleaning furnaces or lighting pilot lights).
- Repair or replace water distribution pipes which have damage that has resulted in the need to have water shut off to the house (evaluated on a case-by-case basis).
- Repair or replace well systems including equipment (replacements will be evaluated on a case-by-case basis).
- Correction of faulty electrical system equipment on the house side of the meter.
- Correction of faulty gas lines and equipment on the house side of the meter.
- Repair or replace the roof/ceiling assembly where there is an existing hazard of collapse (evaluated on a case-by-case basis).
- Repair or replace an inoperative or defective water heater.
- Correction of fireplace and/or chimney defects.
- Repair or replace sewer system or septic system, with collapsed sewer lines or other conditions that hinders property sewage disposal within boundary of lot.
- Accessibility and usability modifications and improvements (evaluated on a case-by-case basis).

The Owner-Occupied Rehabilitation Program (OORP) provides secured grants for home rehabilitation/repair assistance in order to correct code violations. Rehabilitation assistance is provided to eligible applicants in the form of a 5-year secured grant to be secured by a Deed of Trust recorded against the eligible property. A Promissory Note will also be required.

Eligible activities:

- Replacement of roof, siding, trim, gutters, exterior doors, and windows.
- Correction of exterior code violations on the dwelling as cited by Code Enforcement.
- Correction of interior code violations on the dwelling related to health and safety as cited by Code Enforcement.
- Removal of unsafe or blighted conditions on the eligible property. Detached structures (e.g. sheds, garages, fences, etc.) can only be removed and cannot be repaired or replaced.

Ineligible activities:

- Repairs of a cosmetic nature that do not pose a threat to health or safety.
- Mold remediation whether cited by Code Enforcement or not.
- Detached structures (sheds, garages, etc.) and fencing can only be removed and not replaced.

You can find detailed information on the vbgov.com website, (Housing and Neighborhood Preservation Office) and by calling 757-385-5750.

Thank You Thank You- for Your Holiday Spirit!

If you were fortunate enough to attend our Dec. 17 luncheon party, you will know how much we have to be grateful for. The Dawson family, teens, Ena and Bailey and their parents Sarah and Jake, treated 60 of us to an unbelievably grand time. Ena and Bailey, as members of Catholic High's En Christe Club, outdid themselves, lining up a wonderful program, obtaining donated food and prizes, providing caroling music and sharing their amazing spirit. The amount of food prepared and donated by the Dawsons as well as some local businesses was amazing. Thanks, too, to classmates Keira, Anja and Dominick for entertaining us.

We'd like to encourage you to support these local businesses that so generously provided food and monetary donations: Blackwater BBQ, RBC Homes, Pungo Pizza and Ice Cream, Pungo Boys BBQ, The Bee and the Biscuit, Pungo 7-11, Superior Pest and Control, Pungo Realty, and Lisa Vesely. We were blown away by their generosity and support.

Christmas Dinner Thanks

We'd also like to thank Angie Vilches, her mom and Rose Doucette for hosting the Christmas pot luck. What a lovely way to enjoy holiday fellowship.

Medicare Vaccination Coverage Expands

Did you know that as of January, 2023, Medicare now covers all the immunizations recommended by the Centers for Disease Control and Prevention Advisory Committee on Immunization Practices? That means that the newer, 2 shot shingles vaccine, Shingrix, which was not previously covered by all insurances, will now be free to Medicare beneficiaries.

Possible Local Vaccination Clinic?

Members of the SRC Board of Directors hope to soon meet with representative of the Virginia Department of Public health regarding a new grant that aims to better serve rural residents' health care. We will keep you posted about this exciting new program.

Benefits Check Up

Are you aware that the National Council on Aging provides a nifty online tool, Benefits Checkup? It is a free, comprehensive online service that screens older adults with limited incomes for benefits to help pay for food, medicine and other daily needs. Check it out at www.benefitscheckup.org.

Food for Thought

Life is an echo, what you send out, comes back.

What you sow, you reap, what you give you get.

What you see in others exists in you.

Remember, life is an echo, it always gets back to you.

So, give kindness and goodness.

Your mind is a garden, your thoughts are like seeds.

Will you grow flowers, or will you grow weeds.?

Donations

There are no donations listed this month because our treasurer has been hospitalized. All donations will appear next month. Hope this is satisfactory to all.

Our Mission Statement

The Senior Resource Center aims to provide residents in Southern Virginia Beach educational seminars, physical activities and social interaction needed to live their lives to the fullest. This is a collaborative effort with the City of Virginia Beach.

The Senior Resource Center is a 501 (c) (3) corporation, incorporated in the Commonwealth of VA. Contributions to the SRC are tax deductible.

Responsibility and Oversight

President

Johnnie Williams 470-7186

Vice President

Sharon Prescott 630-2660

Treasurer

Pat Jenkins 618-5304

Hours of Operation

Monday – Friday, 9:00 AM – 4:00 PM

During inclement weather, The SRC operates on the local school schedule.

Councilwoman

Barbara Henley 426-7501
City Liaison

Newsletter

Nancy Allan 422-1292

Anne Bright 426-7832

Newsletter Layout






Tom Shearer 426-7831



To remove your name from the newsletter mailing list, call 757-385-2175. View the full newsletter online at www.vbsrc.com and help save printing and postage costs.

February 2023

BLACK History Month

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|--|
| | | | 1 | 2 | 3 | 4 |
| | | | 10:30 - 12:00 Read & Share Group (PR Angie V.) | 8:30 Board Meeting Line Dance Class (PR Rita T) 12:30 - 1:45 pm Beginners 2:00 - 3:30 pm Regulars  | YOGA cancelled Writing & Conversations Cancelled for February 12:30 Cards (Card Group PR) | 1:00 Game Day (PR Jo-Ann R.) |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | | 9:30 Exercise (PR R. Joyner) 10:45 -12:30 Euchre (PR Marcia H.) 12:30 Cards (Card Group PR) 1:00 Bingo (PR Jim S.) | 1:00 History Amelia Ross-Hammond will lecture. (PR B. Henley) Bring Desserts | Line Dance Class (PR Rita T) 12:30 - 1:45 pm Beginners 2:00 - 3:30 pm Regulars | YOGA cancelled Writing & Conversations Cancelled for February 12:30 Cards (Card Group PR) | |
| 12 | 13 | Valentine's Day 14 | 15 | 16 | 17 | 18 |
| Lincoln's Birthday  | 1:00 - 2:00 Make & Take Spa Day Kits at the SRC, Preregistration Required (PR Angie V.) | 9:30 Exercise (PR R. Joyner) 10:45 -12:30 Euchre (PR Marcia H.) 12:30 Cards (Card Group PR) 1:00 Bingo (PR Jim S.)  | 11:00 - 2:00 First Responders luncheon SRC folks bring sides & desserts to share. Get to know our 1st Responders (PR Barbara H.) | Line Dance Class (PR Rita T) 12:30 - 1:45 pm Beginners 2:00 - 3:30 pm Regulars | YOGA cancelled Writing & Conversations Cancelled for February 12:30 Cards (Card Group PR) | 6:00 to 9:00 PM Game Night (PR Rita T.)  |
| 19 | Presidents Day 20 | 21 | 22 | 23 | 24 | 25 |
| | Schools Closed 10:00 Crafters for Charity (PR Gabby M.)  | 9:30 Exercise (PR R. Joyner) 10:45 -12:30 Euchre (PR Marcia H.) 12:30 Cards (Card Group PR) 1:00 Bingo (PR Jim S.) | 1:00 History (PR B. Henley) 1:00 - 4:00 Question on Medicare with Bonnie Dozier | Line Dance Class (PR Rita T) 12:30 - 1:45 pm Beginners 2:00 - 3:30 pm Regulars | YOGA cancelled Writing & Conversations Cancelled for February 12:30 Cards (Card Group PR) | |
| 26 | 27 | 28 | | | | |
| | 1:00 Bunco (PR Angie V) | 9:30 Exercise (PR R. Joyner) 10:45 -12:30 Euchre (PR Marcia H.) 12:30 Cards (Card Group PR) 1:00 Bingo (PR Jim S.) | | | | |