

# SENIOR RESOURCE CENTER, INC.

IN OUR TENTH YEAR

NEWSLETTER — JANUARY 2018

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# HAPPY NEW YEAR 2018

## New Year's Day Gathering

Monday, Jan. 1 11:30 am

If anyone would like to gather at the SRC to eat some traditional black eyed peas and collard greens (or whatever your favorite New Year's Day food may be), come on out around 11:30 and welcome in the New Year with friends. Don't sit home alone and be miserable thinking of all those resolutions you should be making. Come out and socialize and have some fun.



## Game Afternoon

Saturdays, Jan. 6, Feb. 3, & March 3  
1:30 pm – 4:00 pm

Since some folks do not like to drive at night, we thought we'd try a few daytime Game Afternoons. If you have a game you like to play, please bring it with you. Bring a snack to share, meet new friends, or see old friends and have a few laughs. Of course, we will continue our Game Nights every third Saturday of the month, but if you've avoided those because you do not drive at night, come out and see what you've been missing.

## Adult Story Time

Tuesday, Jan. 2 & Tuesday, Jan. 23  
10:30-12 noon

Join us for entertainment and enjoyment with Peggy Jebavy from the Pungo-Blackwater Library.

## JOY Group

Tuesday, Jan. 16  
Blood Pressure Check 9:30 am  
Meeting 10:00 am.

The speaker for the Joy Group meeting will be Blake Morris talking about Senior Driving Solutions. This organization is an affiliate of *keepingussafe.com*, and they offer practical, real-life solutions for aging drivers and their families. Pot luck lunch will follow, so please bring a dish to share.

## Public Forum on Flooding

Monday, Jan. 22 6:00-8:00 pm  
Kellam High School

Please plan to attend the public forum on January 22 at Kellam High School from 6:00 to 8:00 p.m. to provide your input for one of the greatest challenges Virginia Beach will ever face: sea level rise and recurrent flooding. You will have an opportunity to directly interact with the study researchers and provide them information about your property and your experiences as it relates to the flooding issues.

