

### 4th of July Celebration Wednesday, July 4 1:00 pm

Don't miss our biggest annual get together. We'll supply the hot dogs, fresh corn and home-made ice cream but we'd like you to bring a side dish to supplement our picnic menu. Bring along your family members and friends and join in the fun and fellowship and we'll have a patriotic sing-along too. It's the perfect way to celebrate this very special day. We will have a very brief, required annual meeting as well. In addition, we'll have our cookbook and history book for sale. Wear red, white and blue if you'd like and come join the fun. We will eat inside, so come rain or shine.



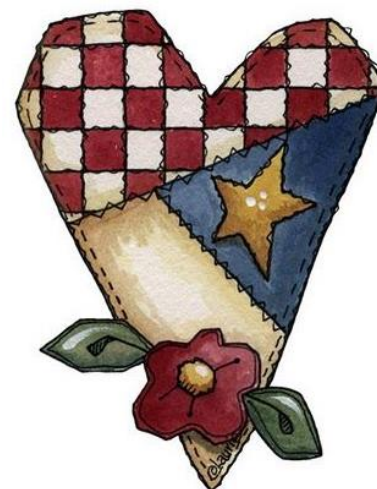
### Stroke Awareness and Prevention Lecture and Pot Luck

Tuesday, July 17 11:00.am

Kayla Waterfield, Physical Therapist at Sentara Therapy Center Redmill (2033 Fisher Arch) will be our featured speaker. Come join us for an informative and interactive discussion about one of the country's leading causes of adult disability. Learn the signs of a stroke, as well as what you can do to be proactive about minimizing your stroke risk. Please bring a dish to share.

### We Want You and your Crafts

If you are a crafter and/or artist, we'd like to hear from you. We are considering holding a craft fair this fall, in time for holiday shopping, which would include only actual items hand-made by you. So, if you weave, rubber stamp, paint, knit or crochet, make



jewelry, etc., we want you to call us at 385-2175 or email us at [info@vbsrc.com](mailto:info@vbsrc.com) to tell us you'd like to participate. There would be no charge for a table as we would like to provide this fall bazaar as a community service and a venue for you to share your talents. No franchised lines of merchandise please- just your own creations. A date will be set for this event once we know we have enough crafters interested in participating.

### Farmers Market July Hoedown Schedule

Concerts are free and are held every Friday night from 7 – 9 p.m., rain or shine. Bring a lawn chair or blanket to enjoy free, live, local music.

July 6	Dallas Band
July 13	New City Sound
July 20	Country Rebels
July 27	The Long & Short of It