

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	1:00 Dominoes/Cards	1:00 Bingo/ Cards	<p>1:00 PM Join us for 4th of July Celebration & Annual SRC Board Meeting</p> 	<p>8:30 NO BORRD MEETING FOR JULY No Line Dancing</p>	<p>9:30 Yoga (PR Linda T.) 10:45 Conversations (PR Sarah Burke) 12:00 - 1:00 Tai Chi (PR Gary Donovan)</p>	<p>1:30 - 4:30 pm Game Afternoon (PR. Jo Anne R. & Carol Todd)</p>
8	9	10	11	12	13	14
	1:00 Dominoes/Cards 2:00 Photography (Shutterbugs) (PR Sharon Prescott)	1:00 Bingo/ Cards	1:00 History & Cards	9:30 Exercise (PR Rita J.) No Line Dancing	9:30 Yoga (PR Linda T.) 10:45 Writing (Pr Jan Donovan) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	10:00 -12:00 Crafters (PR Pat Jenkins)
15	16	17	18	19	20	21
	1:00 Dominoes/Cards	1:00 Bingo/ Cards 11:00 Stroke Prevention and Symptoms - Kayla Waterfield, Sentara Therapy Pot Luck Lunch to follow, (Pr Nancy A.)	1:00 Cards	9:30 Exercise (PR Rita J.) Line Dance Class Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Conversations (PR Sarah Burke) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	6:30 - 9:00 pm Game Night (PR Jo-Anne R. & Rita T.)
22	23	24	25	26	27	28
	1:00 Dominoes/Cards	1:00 Bingo/ Cards	1:00 History & Cards	9:30 Exercise (PR Rita J.) Line Dance Class Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Writing (Pr Jan Donovan) 12:00 - 1:00 Tai Chi (PR Gary Donovan)	
29	30	31				
	1:00 Dominoes/Cards	1:00 Bingo/ Cards	1:00 Cards			