

# SENIOR RESOURCE CENTER, INC.

## NEWSLETTER – MARCH 2020

Phone: (757) 385-2175 | Website: <https://www.vbsrc.com> | Email: [info@vbsrc.com](mailto:info@vbsrc.com)  
 facebook: <https://www.facebook.com/VirginiaBeachSeniorResourceCenter>

## Time Change Coming March 8

Daylight saving time 2020 will begin at 2:00 AM on Sunday, March 8. Don't forget to set your clocks ahead one hour when you go to bed Saturday night.



## Irish Dance Performance Sunday, March 15 3:00 pm Creeds Elementary School



## WALKER ACADEMY OF IRISH DANCE

The talented dancers from the Walker Academy of Irish Dance are returning for an early St. Patrick's Day celebration. We will gather next to our center at Creeds ES so we will be better able to see the flying feet of the dancers on the stage. We encourage families to attend- kids and grandkids will truly enjoy this program. The performance is free, but we will accept donations for the dance troop. After the program, we will return to the Senior Resource Center for dessert. Please bring goodies to share. Last year we were thrilled with these dancers, so don't miss this opportunity to see these talented girls again.

# HAPPY ST. PATRICK'S DAY!

## JOY

**Tuesday, March 17 10:00 am**  
**Genealogy: Finding Military Family**

Do you enjoy genealogical research? Are you trying to find an ancestor who you think may have served in the military? Join us March 17, at 10 a.m. at the Senior Resource Center, as Virginia Beach Public Library Special Collections Librarian Mary Lovell Swetnam walks us through a variety of military-related resources and websites - where you just might find the records you're looking for.

Everyone is always welcome at JOY get together. If you'd like to have your blood pressure checked, plan to arrive at 9:30. Please bring a dish to share for the pot luck lunch after the lecture.

## Getting to Know You Chat Group and Pot Luck Lunch Monday, March 30 11:00 am

*Let's Talk  
about it*

In an effort to have some "fun" activities, instead of

just being reminded of all of the pitfalls of aging, we have decided to have some gatherings this year where all we do is talk and eat! We started the year with our baby photo contest and what a hoot that turned out to be! This month we want to reminisce a bit and talk about who our best friend was in childhood and why we were so close to that person. Be thinking about your childhood pals and bring some good stories to share. As usual, we will have a pot luck lunch to follow so bring your favorite goodies to share with the rest of the gang.

## City of Virginia Beach Senior and Disabled Real Estate and Personal Property Tax Relief

Did you know there are several tax relief and incentive programs available to Virginia Beach seniors? City Council has adopted a program to assist qualifying individuals on real estate.



### Real Estate Tax Relief

Applications for real estate tax exemptions are taken in the Office of the Commissioner of the Revenue, Building 1 at the Municipal Center, **by appointment only** from February 1- June 30. To qualify, individuals must meet income and net worth limits. If you want more information or to make an appointment, call 385-4385.

### Basic Requirements to Qualify:

- ✓ Senior citizens must be at least 65 years of age
- ✓ Totally disabled individuals must be totally and permanently disabled - there is no age limit –
- ✓ \$10,000 income exclusion allowed
- ✓ Must reside in a Virginia Beach home or mobile home or a convalescent facility

### Tax Exemption/Freeze

- ✓ Annual household income must not exceed \$56,529 for tax exemption
- ✓ Annual household income must not exceed \$73,759 for the freeze
- ✓ Assets must not exceed \$350,000 (other than residence.)

### Personal Property Tax Relief

Applications for personal property vehicle tax relief are accepted in the office of the

Commissioner of Revenue, Municipal Center, Building 1, **by appointment only**, from February 1 through June 30. Individuals must meet income and net worth limitations to qualify.

The tax relief is available to taxpayers qualified under provisions of the Code of Virginia, Title 58.1.3506 et. seq., and Virginia Beach city ordinance. Qualified elderly or disabled individuals may receive a reduction of the personal property tax on one vehicle. These provisions are as follows:

- The owner or spouse was age 65 by December 31 of the previous year;
- or**
- The owner or spouse was permanently and totally disabled by December 31 of the previous year;
- and**
- Combined (husband and wife) gross annual income (including Social Security) may not exceed \$29,500;
- Combined (husband and wife) net worth may not exceed \$70,000 (excluding principal residence and the land, not exceeding one acre, upon which it is situated).

Each qualified applicant will receive a reduced tax rate of \$3.00 per hundred dollars of assessed value on one vehicle owned and used primarily by or for the applicant

## AARP Tax Aide

AARP Foundation Tax-Aide offers free, individualized tax preparation for low-to moderate-income taxpayers - especially those 50 and older. Their volunteers will be only at Virginia Beach Central Library Monday-Saturday through April 15 from 10 a.m. – 4 p.m. (except they will not be available on Feb. 17.) The library is located at 4100 Virginia Beach Blvd., VB 23452.

**Before visiting a Tax-Aide site, please note:**

You will need to bring your important documents to the site. The checklist below includes items you need to bring when you visit an AARP Foundation Tax-Aide site for us to help you prepare your tax return(s)

- ✓ Previous year's tax return(s).
- ✓ Social Security cards and/or ITIN notices/cards or other official documentation that show the taxpayer identification numbers for every individual on your return.
- ✓ Government-issued photo ID for each taxpayer.
- ✓ Checking or savings account information if you want to direct deposit any refund(s) or direct debit any amounts due.
- ✓ Identity Protection PIN (IP PIN) (for each individual if applicable).

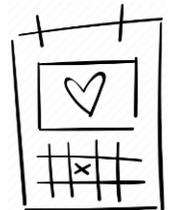
**Income Proofs Required:**

- ✓ W-2 for each employer.
- ✓ 1099-G form for unemployment compensation or state/local income tax refunds.
- ✓ SSA-1099 form showing the total Social Security benefits paid to you for the year, or RRB-1099, Tier 1 Railroad Retirement benefits form.
- ✓ 1099 forms (or other statements) reporting interest (1099-INT), dividends (1099-DIV) and/or proceeds from sales (1099-B), plus documentation showing the original purchase prices if you sold stocks or other assets.
- ✓ 1099-R form if you received a pension, annuity, or IRA distribution.
- ✓ 1099-MISC, 1099-K, or other 1099 forms. If you have a business, bring a summary list of all your income (cash and non-cash) and all business-related expenses.
- ✓ Information about any other income of any form including cash or other than cash

If you itemize deductions instead of taking the standard deduction, you will need to bring information showing those deductible expenses.

Federal Tax assistance is available at all locations. State tax assistance is available at all locations in your state for in-state residents, and may be available to out-of-state residents in select neighboring states. Please contact sites in your neighboring state to confirm availability.

Site hours are subject to change on a weekly basis. Therefore, please check again the day before you plan to go to the site. Call 431-3060.

**Save the Dates****SRC Volunteer Appreciation Luncheon**

**April 27<sup>th</sup> 11:30 am**

If you are one of our esteemed volunteers, be sure to mark your calendars so you can attend.

**Fond Memories**

**Concert Friday, May 1 7:00 pm**

Our favorite singing group returns to serenade

**Job Postings**

SRC is looking for the following:

**Facebook Manager-** We need that famous "someone" to keep our Facebook page up to date. Linda Tingle is no longer able to do this job.

**JOY Coordinator/Host-** JOY (Just Older Youth) needs a "leader" to act as host and to help confirm speakers. The group meets just once a month (the third Tuesday from Sept.-May.) The Activity Committee and the Pungo-Blackwater Library can help this leader line up speakers.

**Emergency Preparedness Neighborhood Volunteers-** We need more volunteers who will be responsible for identifying those who are elderly and frail and live on their street. The volunteer would be in contact with their neighbors if a storm was forecast to assure the neighbor had an emergency plan.

**Desk Duty” Volunteers-** We continue to need more help covering weekday shifts (9 a.m. – 12:30 p.m. or 12:30 p.m. – 4 p.m.), answering the phone and welcoming guests.

Please call the center at 385-2175 or email us at [info@vbsrc.com](mailto:info@vbsrc.com) if you are able to step up to the plate.

## Emergency Planning for your Family

**Thursday, March 5 5:30-6:30 pm**  
**Pungo-Blackwater Library**

Emergencies do arise and disasters can happen. Once they do, it's too late to plan for them. Join us at the Pungo-Blackwater Library as an emergency planner from the Virginia Beach Office of Emergency

Management offers helpful insights along with important tips, and shows us how to craft an emergency plan that will help our families react appropriately and stay safe and healthy. Online registration is required and begins Feb. 1. Go online at: [www.vbgov.com/library](http://www.vbgov.com/library) or call the library at 385-7790 to register.



## Reupholstery Project Complete

Thanks to a generous donation from one of our attendees, we have been able to have the sturdy arm chairs used in the large assembly room reupholstered by a local firm who gave us a very conservative price on the work. All 13 chairs have been recovered and just need a little elbow grease and some furniture polish to make the woodwork look a little better.

## Black History Month Celebration – A Fabulous Success

Many thanks to Rita Jones for all of her hard work in decorating and sharing her knowledge of Black History for the month of February. “Many Threads- One Quilt” was a very appropriate theme which helped us to relate in a new way in our community.

## Donations

Frank and Susie Audette in memory of Patty Holmes

Robert and Martha Giovanelli in memory of Patty Holmes and Walter Allen Whitehurst

Rita Joyner in memory of Patty Holmes

Helen Lane in memory of Patty Holmes, Irene Frost and Lettie Dozier

Juanita Swoope in memory of Tony David Swoope, Sr.

Harry and Kenneth T. Watson to be used as needed

Johnnie and Rae Williams in memory of Patty Holmes

## Charity United Methodist Church Food Pantry

The Senior Resource Center supports this food bank, which serves our rural area. Since we do not charge any membership fee for you to join the SRC, we ask that instead you support this important, ongoing project. If you are able, get in the habit of bringing one non-perishable item with you each time you attend an activity or event at the center. The numbers of people using the church food pantry continue to increase, so we need to try to increase our donations. The following food items are needed:

Peanut butter-creamy  
Spaghetti sauce  
Pasta (not whole wheat)  
Cereal (low sugar)  
Soup  
Jam/jelly  
Pop-Tarts (Walmart variety preferred)  
Complete pancake mix  
Pancake syrup  
Boxed mac and cheese  
Saltine crackers  
Manwich  
Canned tuna/chicken/Spam  
Ramen noodles (chicken and beef)  
Canned fruit  
Rice - 1 lb. bag  
Stuffing mix  
Instant mashed potatoes- small box  
Sugar- 4-10-pound bags  
Flour- 1 lb. package  
Coffee- regular ground  
Tea bags  
Cornbread mix (i.e. Jiffy)  
Dry beans  
Toilet paper  
Paper towels

Laundry detergent  
Hamburger/Tuna/Chicken Helper  
Dry gravy mixes (chicken and brown)  
Instant oatmeal cereal- single serve  
Grits- single serve packets  
Mayo- quart size  
Catsup- 16-20 oz.)  
Canned pasta (Ravioli, SpaghettiOs)

**Our Mission Statement**

The Senior Resource Center aims to provide residents in Southern Virginia Beach educational seminars, physical activities and social interaction needed to live their lives to the fullest.  
This is a collaborative effort with the City of Virginia Beach.

The Senior Resource Center is a 501 (c) (3) corporation, incorporated in the Commonwealth of VA. Contributions to the SRC are tax deductible.

**Responsibility and Oversight**

<p><b>President</b> Johnnie Williams 470-7186</p> <p><b>Vice President</b> Sharon Prescott 630-2660</p> <p><b>Treasurer</b> Pat Jenkins 618-5304</p>	<p><b>Hours of Operation</b> Monday – Friday, 9:00 AM – 4:00 PM</p> <p>During inclement weather, The SRC operates on the local school schedule.</p>
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**Councilwoman**  
Barbara Henley 426-7501  
**City Liaison**

**Newsletter**  
Anne Bright 426-7832  
**Newsletter Layout**  
Tom Shearer 426-7831

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# March 2020 Irish-American Heritage Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
	1:00 Dominoes/Cards	1:00 Bingo/ Cards  <b>No School</b>	1:00 Cards	8:30 Board Meeting 9:30 Exercise (PR Rita J.) Line Dance Class Beginners 12:30 - 1:30 pm Regulars 1:45 - 3:30pm (Pr. Rita T)	<b>9:30 Yoga</b> 10:45 Writing (PR Jan Donovan) <b>12:00 Tai Chi (PR Gary Donovan)</b>	<b>1:30 - 4:30 pm Game Afternoon (PR. Jo Anne R. &amp; Carol Todd)</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
	1:00 Dominoes/Cards	1:00 Bingo/ Cards	1:00 History & Cards	9:30 Exercise (PR Rita J.) Line Dance Class Beginners 12:30 - 1:30 pm Regulars 1:45 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Conversations (PR Sarah Burke) <b>12:00 Tai Chi (PR Gary Donovan)</b>	10:00 -12:00 Crafters (PR Pat Jenkins)  <b>Oak Grove Baptist Church Craft Fair 9:00 AM - 2:00 PM</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>3:00 PM ST Patrick's Day Celebration (In the CES cafetorium)</b>	1:00 Dominoes/Cards <b>2:00 Photography (Shutterbugs) (PR Sharon Prescott)</b>	<b>ST Patrick's Day</b>	1:00 Cards	9:30 Exercise (PR Rita J.) Line Dance Class Beginners 12:30 - 1:30 pm Regulars 1:45 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Conversations (PR Sarah Burke) <b>12:00 Tai Chi (PR Gary Donovan)</b>	<b>11:00 to 6:00 PM Creeds Ruritan Club Bar-B-Que and Craft Fair  6:30 - 9:00 pm Game Night (PR Jo-Anne R. &amp; Rita T.)</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
	1:00 Dominoes/Cards	1:00 Bingo/ Cards	1:00 History & Cards <b>1:00 - 4:00 Bonnie Dozier, Senior Services S. East VA - Counseling &amp; Information Services. (By Appointment only)</b>	9:30 Exercise (PR Rita J.) Line Dance Class Beginners 12:30 - 1:30 pm Regulars 1:45 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Writing (PR Jan Donovan) <b>12:00 Tai Chi (PR Gary Donovan)</b>	
<b>29</b>	<b>30</b>	<b>31</b>				
	<b>11:00 Getting to Know You - Chit Chat - Potluck Lunch to follow (PR Anne B)</b> 1:00 Dominoes/Cards	1:00 Bingo/ Cards	1:00 Cards			