

Mother's Day Tea

Friday, May 11 1:00 pm-3:00pm

Ladies and gents are invited to celebrate Mothers with a yummy Finger Food/Dessert Buffet. Hats are optional. Bring your favorite tea cup. Piggy Bank/Food Pantry Donation is always appreciated.

Hostess: June Klag



JOY

Lecture and Pot Luck Lunch

Tuesday, May 15 10:00 am

Shawn Buckon and her boss Tom Knox from Senior Corps will be presenting "Planning for the Unexpected Later in Life." We understand that all people live their lives for today... for the here and now. While we are healthy, we take for granted that life will always look the way we know it to be today. Unfortunately, unexpected events always occur. Discussing the potential for the unexpected events, and how some of these events might actually be predicted and planned for, can make the difference between crisis and managed inconvenience. Tom Knox started Senior Corps over 14 years ago and he has a wealth of experience, stories, and excellent advice on navigating through life's unexpected occurrences as we age and how to take measures to limit the stress.

As usual, we will have blood pressure checks at 9:30 and pot luck lunch to follow the presentation. Come out and enjoy this last JOY Group session until the fall.

Fond Memories Concert

Friday, May 18 7:00 pm-9:00 pm

Our frequent singing group returns to lift our spirits. These talented local performers are guaranteed to get your toes tapping. Doors will open at 6 p.m. Donations will be collected for the band's operating expenses. Bring snacks or sweets to share at intermission.

Memorial Day Gathering

Monday, May 28 10:00 am

This annual event begins with a flag raising in front of Creeds Elementary School at 10 a.m., followed by a pot luck brunch at the Senior Resource Center. Our local Scout troops will be participating in the flag ceremony, and we encourage you to attend in support of them. We also encourage you to attend if you are a veteran and to invite all veterans that you know.



The 4 Most Common Age-Related Eye Diseases

By Marlo Sollitto agng.care.com 12/22/17



By age 65, one in three Americans have some form of vision-impairing eye condition. There are four major age-related eye diseases (AREDs) that affect seniors: glaucoma, cataracts, macular degeneration and diabetic retinopathy. Learning about the symptoms of and treatments for each