

Craft Show

Saturday, Nov. 10 10:00 am-2:00 pm

We are hosting, at the SRC, a craft show that will feature local artisans and their handiwork. This is your chance to see what talents your neighbors have and to do some holiday shopping. There will be an array of crafts, including wood carving, paintings, hand-sewn and hand-embroidered articles, Christmas decorations and more. The Senior Resource Center cookbook and the history group's book, *Glimpses of Down-County History*, will also be available for purchase. After you visit our craft show, travel down Princess Anne Road a few miles south to Oak Grove Baptist Church and attend their craft show.

Veteran's Day Gathering and Pancake Breakfast

Monday, Nov. 12 10:00 am

We will honor our veterans the day after the official holiday. Meet us first next door at Creeds Elementary School to observe flag raising at 10 a.m., then return to the center for pancakes prepared by Jim Bright. We would love to have more of our seniors, especially those who are veterans, attend, so that the young scouts in attendance can meet them. This year marks 100 years since the end of World War I, so it is a special time to celebrate. So, bring a veteran friend. See inside for history of and poems about Veterans Day.



Thanksgiving Day Pot Luck Dinner (RSVP)

Thursday, Nov. 22, 1:00 pm

Jo-Ann Roffler and Rita Trammell will host this annual gathering and provide the turkey. If you would like to join the SRC family for this celebration, please call the Center at [385-2175](tel:385-2175) with the number of people attending and what side dish you will bring. This has been a very heart-warming and tummy-filling event in past years, so come enjoy the great food and wonderful fellowship. Come ye thankful people come....



10 Signs of Alzheimer's Disease Lecture and Pot luck Lunch

Tuesday, Nov. 27 10:30 am

Ellen Clements, volunteer with the S. E Virginia Alzheimer's Association, will help us understand the differences between "senior moments" (intellectual interludes) and early signs of memory impairment. Most of us have had concerns when we've misplaced our keys or forgotten where we parked at the store, but we may have nothing to worry about. Dementia is a topic we are hearing so much about, but many of us just don't know what it's all about, so here's your chance to learn. Please bring a dish to share after the lecture. Don't forget!