# Daylight Savings Time Ends Sun. Nov. 4

We will return to Eastern Standard Time in the wee hours of Sat., Nov. 3, so when you go to bed Sat. night, don't forget to set your clocks back an hour.



## **Volunteer Shortage**

Would you believe only 18 volunteers covered all the weekday slots in September? We desperately need more folks to step up to the plate so these few steadfast volunteers don't burnout. Call or stop by to sign up and schedule a brief training session. 3 ½ hours once a month is not a lot to ask.

#### Vote Nov. 6th

Don't forget to get out and vote on Nov. 6. It's mid-term elections, so important Federal and local candidates are running. Don't complain about how our government is run if you don't take the time to vote. Polls will be open from 6 am to 7 pm.

## **Discarding Old U.S. Flags**

If you need to dispose of an old flag, put it in the box for the Charity Methodist Food Pantry and it will be processed by the Boy Scouts at the church.

### **Parking Lot Directions**

We suggest that we begin to use the south driveway at SRC as a one-way entrance into our lot. You will then leave the center by driving around the back and exiting the lot by the library. This will make it easier for you to see as you turn onto Princess Anne Road, and it will make it safer for incoming school buses and cars. When school is in session, it can be a challenge to enter and leave our parking places, so please be careful.

## Project Lifesaver for Wanderers

Do you know someone who is able-bodied but may be a potential wanderer due to certain diagnoses like Alzheimer's disease or autism? If someone is agile enough to leave his or her home but impaired enough to forget how to return home or unable to give a first responder his/her name and address, that person would benefit from obtaining a Project Lifesaver device. The person wears a special electronic device that looks like a big watch, and it emits a unique signal that can be detected by the police once they are alerted the person is missing and a search is initiated.

Just because someone has never wandered before, don't assume it will never happen. If you are a caregiver, it only takes a minute to be sidetracked and not notice that your loved one has left the house for points unknown. Save yourself hours of anxiety by enrolling your loved one in the Project Lifesaver program which aims to find a missing person in less than 30 minutes.

If you need this service in: Virginia Beach call 385-1006 Chesapeake call 546-5502 Portsmouth call 449-4820 Norfolk call 328-2485

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