

# October 2018



The SRC is 11  
Years old this  
month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	11:00 -1:00 Health Fair-- Flu Shots and Blood Pressure testing (PR Shari W. & Anne B.)	1: Bingo /Cards 7:00 PM Ballroom Dancing	1:00 Cards	8:30 Board Meeting 9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Conversations (PR Sarah B) (PR Sarah Burke) 12:00 Tai Chi (PR Gary Donovan)  <b>Fond 11th Memories 7:00 Anniversary to 9:00 pm Celebration</b>	1:30 - 4:30 pm Game Afternoon (PR. Jo Anne R. & Carol Todd)
7	8	9	10	11	12	13
	1:00 Dominoes/Cards 2:00 Photography (Shutterbugs) (PR Sharon Prescottt)	1: Bingo /Cards 7:00 PM Ballroom Dancing	1:00 Cards  <b>Bus Tour to Virginia's Northern Neck (See webiste for more information)</b>	9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Writing (PR Jan Donovan) 12:00 Tai Chi (PR Gary Donovan)	10:00 -12:00 Crafters (PR Pat Jenkins)
14	15	16	17	18	19	20
	1:00 Dominoes/Cards	9:30 Blood Pressure Test 10:00 JOY, Urban Tree Composition. Speaker Susan French Pot Luck to follow (PR Juanita S.) 1:00 Bingo/ Cards 7:00 PM Ballroom Dancing	1:00 Cards	9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Conversations "Topic TBD" (PR Sarah Burke) 12:00 Tai Chi (PR Gary Donavan)	6:30 - 9:00 pm Game Night (PR Jo-Anne R.)
21	22	23	24	25	26	27
	1:00 Dominoes/Cards	1: Bingo /Cards 7:00 PM Ballroom Dancing	1:00 History & Cards	9:30 Exercise (PR Rita J.) <u>Line Dance Class</u> Beginners 12:30 - 1:15 pm Regulars 1:30 - 3:30pm (Pr. Rita T)	9:30 Yoga (PR Linda T.) 10:45 Conversations "Topic TBD" (PR Sarah Burke) 12:00 Tai Chi (PR Gary Donavan)	
28	29	30	31			
	1:00 Dominoes/Cards	1: Bingo /Cards 7:00 PM Ballroom Dancing	1:00 Cards <b>Sr. Showcase Princess Anne Recreation Ctr.</b>			